

FEED THE  
**WARRIOR**  
WITHIN

*Fresh lunchbox ideas*

## LUNCHBOX IDEA #8



Granola Bars



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BULK FOODS



## LUNCHBOX IDEA #8

### HERE'S WHAT'S INSIDE

2 pieces Granola Bar  
50g Date & Coconut Squares  
50g Veggie Chips  
3 cheese cubes  
6 cherry tomatoes  
120g grapes  
2 slices apple



Back to school or back to work - take your own lunch box and help stop plastic before it starts.

**DOWNLOAD THE NUT FREE GRANOLA BAR RECIPE  
FREE FROM OUR WEBSITE (PLUS OTHERS), THEN  
PICK UP A WARRIOR LUNCHBOX INSTORE OR ONLINE**

[WWW.THESOURCEBULKFOODS.COM.AU](http://WWW.THESOURCEBULKFOODS.COM.AU)

\* Shelf life for prepared food as shown varies and some ingredients may require refrigeration.  
Remember to comply with your school's food policy regarding allergens.



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